



# GRAND COUNTY SENIOR NUTRITION

## Menu for Granby and Kremmling

### AUGUST 2017

Monday	Tuesday	Thursday
	1st	3rd
	Lemon Baked Fish Scalloped Potatoes Chopped Spinach Banana & OJ Wheat Bread	Chili Dog Three Bean Salad Fresh Orange Banana Chocolate Chip Cookie
7th	8th	10th
Dijon Chicken Rice Pilaf Pineapple Mandarin Compote Wheat Bread	Spaghetti Squash Caesar Salad Fruit Cup Dirt Pudding Wheat Bread	Beef and Bean Burrito Green Chili Spanish Rice Mexican Corn Fruit Salad OJ
14th	15th	17th
Hamburger Goulash Corn Brussel Sprouts Pears Wheat Bread	Oven Baked Chicken Mashed Potatoes/Gravy Carrots, Peas, Pearl Onions Waldorf Salad Wheat Bread OJ	BBQ Pulled Pork Creamy Coleslaw Pasta Salad Fruit Cup Bran Muffin
21st	22nd	24th
Sloppy Joe Potato Wedges Spinach Frog Eye Salad	Chicken Cobb Salad Cornbread Peaches Apple Crisp Wheat Crackers OJ	Roast Beef/Gravy Baby Carrots/New Potatoes Mixed Vegetables Watermelon Wheat Bread
28th	29th	31st
Enchilada Pie Pinto Beans Lettuce/ Tomatoes Yellow Squash Mixed Fruit & OJ Wheat Bread	Tuna Pasta Salad Banana/Mandarin Oranges Cool Cucumber Salad Bran Muffin	Stuffed Peppers Mashed Potatoes Sliced Yellow Squash Honeydew/Cantaloupe Wheat Bread

Meals are served with coffee, tea and milk.

Suggested Donation for meal is \$3.00 for Seniors over 60.

For Visitors under the age of 60, price per meal is \$16.25

All donations directly support this meal site and enable continuation of this nutrition program.

For meal reservations in Kremmling call 724-9730, Granby 531-0290