



GRAND COUNTY SENIOR NUTRITION

Menu for Granby and Kremmling

March 2018

Monday	Tuesday	Thursday
		1st Beef Broccoli Stir Fry Lo Mein Noodles Asian Blend Vegetables Apple Whole Wheat Bread
5th Hot Turkey Sandwich Mashed Potatoes/Gravy Asparagus Amandine Banana	6th Hamburger Stroganoff Orange Spiced Carrots Beets Apricots/OJ Biscuit	8th Chicken Enchilada Casserole Tossed Salad Mixed Vegetables Avocado Orange Oatmeal Raisin Cookie
12th Chicken Noodle Soup Spinach Yellow Squash Kiwi/OJ Applesauce Topped Spice Cake Whole Wheat Crackers	13th Lemon Baked Salmon Rice Pilaf Oriental Blend Vegetables Tossed Salad Cheesy Garlic Biscuit OJ	15th Corn Beef Parsley Buttered New Potatoes Cabbage & Carrots Banana Banana Pudding Whole Wheat Bread
19th Mac & Cheese with Ham Green Beans & Red Peppers Zucchini, Tomatoes, Corn Pineapple OJ Whole Wheat Bread	20th Roast Beef/Gravy Parslied Potatoes Whipped Hubbard Squash Waldorf Salad OJ Whole Wheat Bread	22nd Minnesota Chicken Wild Rice Orange Spiced Carrots Asparagus Tropical Fruit Orange Sherbet Whole Wheat Bread
26th Fish Rice Pilaf California Vegetables Apricots Peach Cobbler Whole Wheat Bread	27th Meatloaf/Gravy Baked Sweet Potato Seven Layer Salad Green Beans Grapes Whole Wheat Bread	29th Krautburger Hot Potato Salad Scalloped Corn Pears Chocolate Pudding

Meals are served with coffee, tea, and milk.
Suggested Donation for meal is \$3.00 for Seniors over 60.
Visitors under 60 are welcome for a price per meal of \$16.25

All donations directly support this meal site and enable continuation of this nutrition program.
For meal reservations in Granby call 531-0290
For meal reservations in Kremmling call 724-9730