





GRAND COUNTY SENIOR NUTRITION

Menu for Granby & Kremmling

January 2019

Monday	Tuesday	Thursday
	1st NEW YEARS DAY 	3rd Chicken Broccoli Alfredo Ceasar Salad Banana Apple Crisp
7th French Dip with Au Jus Oven Brownd Potatoes Mixed Vegetables Orange Chocolate Pudding	8th Oven Baked Fish Brown Rice Florentine Broccoli Mixed Fruit Bread	10th Sweet and Sour Pork Brown Rice Chinese Vegetables Strawberry Applesauce
14th Baked Steak Teriyaki Mashed Potatoes Green Beans Banana Whole Wheat Bread	15th Chicken Cacciatore Pasta Chopped Spinach Tossed Salad Apricots	17th Tuna Pasta Salad Banana Cool Cucumber Salad Bread
21st HOLIDAY 	22nd Hot Beef Sandwich Mashed Potatoes/Gravy Spinach Strawberry Jello Salad Whole Wheat Bread	24th Ham and Beans Broccoli Carrots Cornbread Peanut Butter Cookie
28th Corned Beef Cabbage and Carrots Parsley Buttered Potatoes Banana Orange Juice Sugar Cookie	29th Vegetable Soup Tuna Salad Sandwich Lettuce/Tomato Crackers	31st Stuffed Peppers Mashed Potatoes Sliced Yellow Squash Melon Raisin Nut Cup Whole Wheat Bread

Meals are served with coffee, tea and milk.

Suggested Donation for meal is \$3.00 for Seniors over 60.

Guests are welcome for a fee of \$11.00

All donations directly support this meal site and enable continuation of this nutrition program.

For meal reservations in Granby call 531-0290

For meal reservations in Kremmling call 724-9730.